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# Mutchmor Public School

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Volume 5, Issue 1

December 22 2011

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Mrs. Susan MacDonald

## Trustee:

Mr. Rob Campbell

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Mrs. Jean Neidy

## Office Assistant:

Mrs. Kathleen Neville

## Chief Custodian:

Mr. Vince Gobeo



We're on the web

[www.mutchmorps.ocdsb.ca](http://www.mutchmorps.ocdsb.ca)



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MutchmorPS

## Inside this issue:

Protecting your child's teeth 2

Bed bugs 2

January Calendar 3



## Reminder:

Newsletters are posted the last Thursday of every month.

Our newsletters are "paperless".

Call our office staff to provide your email address or write it on the Verification Form to receive it directly to your email inbox.

## In our Classrooms – The Holidays and Learning

As part of their literacy work in December, Students in Mr. Stonebridge's Grade 1 class wrote a letter to Santa. To extend their learning, they walked to the Third Avenue Canada Post office to address and mail their letters. While there, a surprise guest arrived and our students were delighted to enjoy a visit with Santa! Visit the Ottawa Citizen's website for more:

[http://www.ottawacitizen.com/life/holiday-guide-](http://www.ottawacitizen.com/life/holiday-guide-2011/surprise+visit+from+Santa+delights+kids/5853194/story.html?cid=megadrop_story)

[2011/surprise+visit+from+Santa+delights+kids/5853194/story.html?cid=megadrop\\_story](http://www.ottawacitizen.com/life/holiday-guide-2011/surprise+visit+from+Santa+delights+kids/5853194/story.html?cid=megadrop_story)

## From the Office

### Mutchmor shows its care for global and local communities

Cans and Coins, our holiday fundraiser, showed our support for our local emergency food centre and the Canadian Hunger Foundation. Congratulations Mutchmor on showing your caring!

With the help of Mme. Chloe and Ms. Ward's Grade 4/5 class, Mutchmor collected 1537 donated items. A visual graph of our donations was updated daily throughout our collection period. Mrs. Ballard's Grade 2 class donated the most items and they have been awarded a trip to the food centre for their efforts. Ms. Ward's class will also be accompanying them.

Mrs. Galvin, Mrs. Neidy, and Ms. Mace monitored the coin donations. Mutchmor donated a total of \$365.96 in coins. Ms. Schedler's Grade 6 class showed strong support for CHF by donating \$54.94 (Mr. Firestone's class was close behind by donating \$49.25), and they were given the responsibility of choosing the Gifts that Matter for our school. They use our funds to purchase the following "Gifts that Matter" on behalf of the school: a planting power pack, 2 pairs of chicks, mango trees, 3 rice paddies, a piglet, a pair of goats, and a health & hygiene training for a village in Pakistan.

### Solar panels at Mutchmor

Did you know that Mutchmor has solar panels on its roof that are generating energy? You can watch how much energy we are producing at <http://mutchmorps.solarvu.net>. Click on the "Live" tab to see real-time data for the energy we have produced. Below the energy graph, there are buttons to show the data over different periods of time, a "Revenue" button that shows how much money we are producing, and a drop-down menu that converts our energy into what we've conserved.

## For our parents

### Registration Periods

Each year, there is a Kindergarten registration period, a student transfer period for the elementary and secondary panels, and a French Immersion Program registration period.

The following registration and application timelines will apply for the 2012-2013 school year:

- Kindergarten Registration: Monday, January 30 to Friday, February 3, 2012
- Elementary Student Transfer Application: Monday, February 13 to Friday, February 24, 2012
- Secondary Student Transfer Application: Monday, February 13 to Friday, February 24, 2012
- Middle French Immersion Registration: Tuesday, February 21 to Monday, February 27, 2012

The information can also be found on the Board's website: [www.ocdsb.ca](http://www.ocdsb.ca)

### Mutchmor Program Information Night – MFI and Kindergarten

Did you know that the board has voted to have a middle french immersion program start at Mutchmor in September 2012? We will start with a grade 4 MFI class next fall. Join us at our combined kindergarten and MFI information evening to find out more on January 26 (6:30 – 7:45 pm).

Students and staff will share information about what our school days look like in our kindergarten program, and our new middle french immersion program. Please share this information with any families who might be interested.

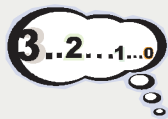
## Mutchmor Students with Character

The OCDSB emphasizes character throughout our curriculum.



Our Mutchmor Staff integrate positive character within our teaching. We strive to give students a chance to model and practice character attributes.

This month, we recognize the students in Ms. Ward's class who showed cooperation and perseverance in collecting and counting our Cans and Coins donations every day. Your work created a healthy rivalry between classes, which led to increased donations. Without your efforts, we would not have had such a successful event.



## Numeracy at Mutchmor

The way math is taught in schools has probably changed a great deal from when most parents were students themselves.

For many parents, math is about worksheets and multiplication tables. Today, we teach students that math is everywhere.

Try this activity with your child:

Add a dollar value to each letter of the alphabet (e.g. A = \$1, B = \$2, C = \$3, etc.). Ask your child to add the value of the letters together to find how expensive a name or a word is.

Who is the most expensive person in the family?

## Protect Your Child's Teeth

Did you know that 39% of all dental injuries are due to sports? Kids can play sports on a team or just for fun. A tooth can be chipped or be knocked out if not protected.

Mouthguards are the best way to protect your teeth. A custom made mouthguard fits the teeth best. A helmet with a face mask will help protect the mouth for sports such as hockey, but you still need a mouthguard.

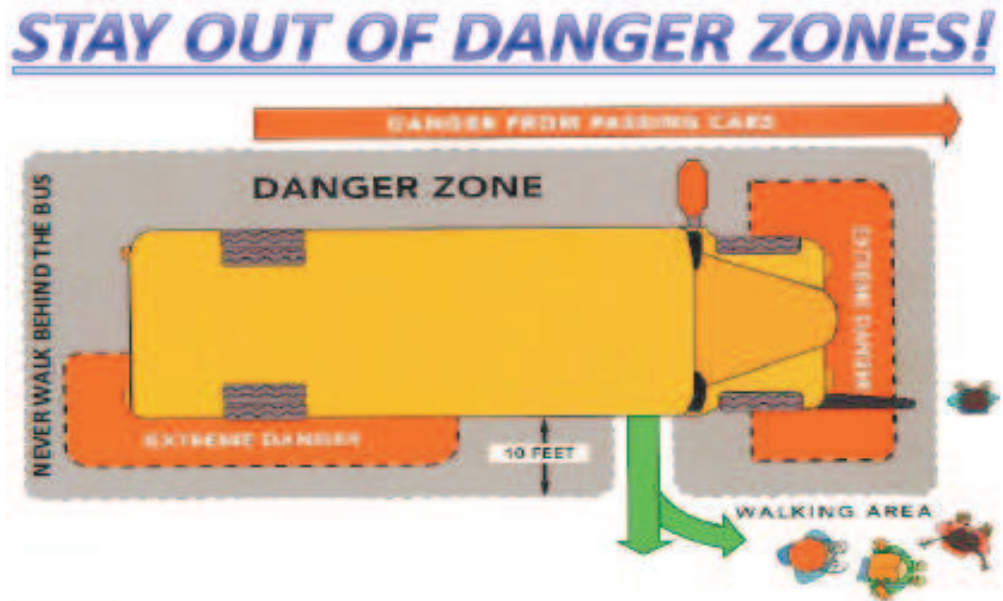


If your child has a broken or knocked out tooth, call your dentist to find out what to do. If you need more information, please call Ottawa Public Health at 613-580-6744 or visit [ottawa.ca/health](http://ottawa.ca/health)

## School Bus Safety

In order for the school buses to meet current diesel emission standards several changes had to be made by the manufacturers. New sophisticated exhaust systems with particulate filters and catalytic reduction systems are now standard equipment on all new buses. Soot accumulates over time and must be removed by a process called regeneration. This process is similar to the cleaning mode of a self-cleaning oven and although the school buses are shut down in the loading zone the exhaust gases and tailpipe remain very hot for an extended period of time. For this reason it is important to avoid the area immediately behind the buses.

Students should be aware of bus danger zones, where their visibility to the bus driver is limited. The diagram below shows two extreme danger areas, as well as the 10-foot danger zone which surrounds the entire bus.



## Bed Bugs

Bed bugs are common. Anyone can get them. They can get to and from school by hiding in a student's clothes or bag. Bed bugs feed at night when people are asleep. You may notice small red bumps in groups of three on your body. They do not spread disease.

Adult bed bugs are the size of an apple seed. They are hard to find. They hide in small cracks during the day. If you think you have bed bugs, check for live or dead bugs, and for small black spots (feces). Check on your mattress, bed frame and behind baseboards.



To deal with bed bugs you will need to vacuum and reduce clutter. Dry clothes in the dryer on the hottest setting, steam clean items, seal cracks and use a pest control company.

For more information please contact Ottawa Public Health at 613-580-6744 or visit [ottawa.ca/health](http://ottawa.ca/health) or [bedbugsinfo.ca](http://bedbugsinfo.ca)

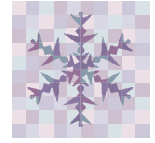
## Energizer Night Skate - January 27 (7:00 pm)

Sponsored by the Sens Foundation, Energizer Night Skate (January 27 at 7:00 pm), is a night skating event where every participant will be given a headlamp and toque. It's going to be a fantastic visual watching 2,000+ skaters go down the canal wearing lights. The event is focused on raising awareness and funds for the Ottawa Senators Foundation to support their work in building outdoor skating rinks in the region. Early bird registration is December 23rd. The cost is \$20 per person or \$15 per person under 12 years of age.

For more information, visit [www.energizernightskate.ca](http://www.energizernightskate.ca).



# Mutchmor January Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	First day back to school	Lunch Lady SIP Moderation Day	11	Gr. 6 Internet Safety Presentation	Pizza Day	14
15	16	Lunch Lady	18	19	20	21
22	School Council Meeting (7-9 pm; library)	Lunch Lady	MS Read-a-thon Assembly	Newsletter gets posted Kindergarten and MFI Information Night (6:30 pm)	Pizza Day Family Skating and Movie night	28
29	30	Lunch Lady Rocks and Rings	Rocks and Rings February 1	2	3	Annual Robotics and Engineering Challenge

## In our school

### Holiday fun in December



Donations piling up in our main hallway during Cans and Coins. Thank you to Mme. Chloe and Ms. Ward's class for creating the visual bar graph to track our donations.

### Rocks and Rings on January 31 and February 1

This program, sponsored by Capital One, is one that introduces classes to curling in 40 minute blocks of time ([www.kurling.ca](http://www.kurling.ca)). Students work through interactive drills, relays, and team building. Indoor floor curling equipment is used. Thanks to our School Council for its support in covering their fee for the two days to allow all our classes to participate.

### Reducing our Waste

A waste audit has been done on our school. We have set goals to divert waste that we send to landfill, which include:

- recycling 80% of our paper, cardboard, glass jars and bottles
- reduce our use of paper plates and cups by 25%
- reduce our food waste by 25%. A composting program may even help us achieve a better result!

### What can students do?

Students can make sure that:

- your containers are empty before you put them in the garbage. This reduces our liquid waste.
- you bring a re-usable water bottle to school. Water bottle filling stations are being provided to every school. This avoids using disposable plastic bottles and reduces our solid waste.
- cans and milk cartons do not get thrown into the garbage. These can be recycled.

Tom Thistle, from our Environmental Management division, will be visiting our school to bring us new recycling signs and to review our recycling practices. Let's all work together to help show how we care for our environment through the 3R's (reduce, re-use and recycle).

*Happy holidays to all our Mutchmor families!*